| 1          | Distal and proximal controls on the silicon stable isotope signature of North Atlantic Deep  |  |  |  |
|------------|--|--|--|--|
| 2          | Water  |  |  |  |
| 3          |  |  |  |  |
| 4          | Gregory F. de Souza <sup>a,1,*</sup> Richard D. Slater <sup>a</sup> , Mathis P. Hain <sup>b</sup> , Mark A. Brzezinski <sup>c</sup> , and Jorge L. |  |  |  |
| 5          | Sarmiento <sup>a</sup>   |  |  |  |
| 6          |  |  |  |  |
| 7          | <sup>a</sup> Program in Atmospheric and Oceanic Sciences, Princeton University, Princeton, New Jersey 0854   |  |  |  |
| 8          | USA  |  |  |  |
| 9          | <sup>b</sup> National Oceanography Centre, University of Southampton, Southampton SO14 3ZH, UK   |  |  |  |
| 10         | <sup>c</sup> Marine Science Institute, University of California, Santa Barbara, CA 93106, USA  |  |  |  |
| 11         |  |  |  |  |
| 12         |  |  |  |  |
| 13         | * to whom correspondence should be addressed: ETH Zurich, Institute of Geochemistry and  |  |  |  |
| 14         | Petrology, NW C81.3, Clausiusstrasse 25, 8092 Zurich, Switzerland; Tel: +41 44 632 6983; E-mail:   |  |  |  |
| 15         | desouza@erdw.ethz.ch   |  |  |  |
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<sup>&</sup>lt;sup>1</sup> Present address: ETH Zurich, Institute of Geochemistry and Petrology, 8092 Zurich, Switzerland

## 28 Abstract

It has been suggested that the uniquely high  $\delta^{30}$ Si signature of North Atlantic Deep Water (NADW) 29 30 results from the contribution of isotopically fractionated silicic acid by mode and intermediate waters 31 that are formed in the Southern Ocean and transported to the North Atlantic within the upper limb of 32 the meridional overturning circulation (MOC). Here, we test this hypothesis in a suite of ocean general 33 circulation models (OGCMs) with widely varying MOCs and related pathways of nutrient supply to 34 the upper ocean. Despite their differing MOC pathways, all models reproduce the observation of a high  $\delta^{30}$ Si signature in NADW, as well showing a major or dominant (46–62%) contribution from 35 Southern Ocean mode/intermediate waters to its Si inventory. These models thus confirm that the  $\delta^{30}$ Si 36 37 signature of NADW does indeed owe its existence primarily to the large-scale transport of a distal 38 fractionation signal created in the surface Southern Ocean. However, we also find that more proximal 39 fractionation of Si upwelled to the surface within the Atlantic Ocean must also play some role, contributing 20–46% of the deep Atlantic  $\delta^{30}$ Si gradient. Finally, the model suite reveals 40 41 compensatory effects in the mechanisms contributing to the high  $\delta^{30}$ Si signature of NADW, whereby less export of high- $\delta^{30}$ Si mode/intermediate waters to the North Atlantic is compensated by production 42 43 of a high- $\delta^{30}$ Si signal during transport to the NADW formation region. This trade-off decouples the  $\delta^{30}$ Si signature of NADW from the pathways of deep water upwelling associated with the MOC. Thus, 44 45 whilst our study affirms the importance of cross-equatorial transport of Southern Ocean-sourced Si in producing the unique  $\delta^{30}$ Si signature of NADW, it also shows that the presence of a deep Atlantic 46  $\delta^{30}$ Si gradient does not uniquely constrain the pathways by which deep waters are returned to the 47 48 upper ocean.

49

50 Keywords: biogeochemical cycles, silicon isotopes, meridional overturning circulation

51

## 52 **1. Introduction**

## 53 1.1. Marine Si cycling and the $\delta^{0}$ Si distribution

54 The cycling of nutrients in the sea is determined by a complex set of interactions between biota in 55 the surface ocean and the physical circulation across a range of spatial and temporal scales. At the 56 global scale, the export of nutrients to the abyss in biogenic particles is balanced by the supply of 57 dissolved nutrients via the upwelling of nutrient-rich deep waters in the MOC (Broecker and Peng, 1982; Sarmiento et al., 2007). At the scale of the thermocline, nutrient distributions are determined by 58 59 how the location and timing of biological nutrient drawdown at the surface interacts with the 60 subduction of water masses and their gyre- to basin-scale circulation (Sarmiento et al., 2004; Palter et 61 al., 2005; Karleskind et al., 2011). These distributions in turn determine the magnitude, biogeography 62 and distribution of low-latitude primary productivity (Marinov et al., 2006; Palter et al., 2010, 2011). 63 The ocean interior distributions of nutrients thus both influence and are influenced by biological 64 productivity, and bear the imprint of the interaction between productivity and the ocean's three-65 dimensional circulation, allowing them to be used to infer the physical and biological interactions that 66 determine marine nutrient cycling. This study takes such an approach in order to trace the influence of 67 physical-biological interactions on the large-scale transports associated with the marine cycle of 68 silicon (Si).

69 Of the ocean's photosynthesising primary producers, diatoms are the most important group for the export of organic carbon from the surface ocean (e.g. Buesseler, 1998). As a result, they play a key 70 71 role in the biological pump, a mechanism by which the ocean modulates atmospheric  $pCO_2$  (Hain et 72 al., 2014a). Whilst their opaline cell wall, or frustule, provides diatoms protection from predators 73 (Smetacek, 1999) and is less energy-intensive to produce than an organic cell wall (Raven, 1983), it 74 also makes them vitally dependent on the presence of Si dissolved in seawater. The boom-bust 75 behaviour of diatom populations that leads to their importance for carbon export also means that 76 diatoms are very efficient exporters of Si to depth (Brzezinski et al., 2003), such that they are the main 77 driver of marine Si cycling (Tréguer and De La Rocha, 2013). Diatom uptake of Si discriminates 78 between its isotopes, with lighter Si isotopes being preferentially incorporated into the frustule (De La 79 Rocha et al., 1997; Sutton et al., 2013), leaving the residual Si in seawater enriched in heavier Si 80 isotopes. Diatom Si uptake at the ocean's surface thus produces a signal of biological cycling in the stable isotope composition of seawater Si (expressed in the standard delta notation as  $\delta^{30}$ Si), which can 81 82 be used as a tracer of the marine Si cycle (e.g. Cardinal et al., 2005; Revnolds et al., 2006; Beucher et 83 al., 2008; de Souza et al., 2012a; Grasse et al., 2013). For instance, diatom uptake in the surface 84 Southern Ocean produces elevated  $\delta^{30}$ Si in the deep winter mixed layers from which the Southern 85 Ocean mode/intermediate water masses Subantarctic Mode Water (SAMW) and Antarctic 86 Intermediate Water (AAIW) are ventilated (Fripiat et al., 2011). This isotopic signal is transported into 87 the subtropical interior by the spreading of these water masses from their formation regions (de Souza 88 et al., 2012b).

The clearest large-scale signal in the marine  $\delta^{30}$ Si distribution is the  $\delta^{30}$ Si gradient in the deep 89 90 Atlantic Ocean (Fig. 1a; de Souza et al., 2012a; Brzezinski and Jones, 2015), with a systematic trend 91 from high  $\delta^{30}$ Si values in deep waters of the Si-poor North Atlantic, influenced by NADW, to lower 92 values towards the Si-richer south, influenced by Antarctic Bottom Water (AABW). This coherent 93 gradient is related to the quasi-conservative mixing of Si between these two water masses (Broecker et al., 1991), as reflected by the systematics (Fig. 1a) and water-column distribution (Fig. 1b) of  $\delta^{30}$ Si in 94 the Atlantic, both of which indicate water-mass control on the  $\delta^{30}Si$  distribution. de Souza et al. 95 (2012a) suggested that the high  $\delta^{30}$ Si value of NADW ultimately results from the creation of a high-96 97  $\delta^{30}$ Si signal by diatom Si uptake in the surface Southern Ocean, a signal that is transported to the 98 North Atlantic by SAMW/AAIW in the upper limb of the MOC. This mechanism has since been 99 invoked to explain the isotope distributions of other biogeochemically-cycled elements, such as 100 cadmium (e.g. Abouchami et al., 2014).

Such a Southern-Ocean-focused mechanism is consistent with burgeoning evidence that the dominant MOC pathway by which dense and nutrient-rich deep waters are brought to the surface is the wind-driven upwelling in the Southern Ocean (Toggweiler and Samuels, 1993; Sarmiento et al., 2004; Lumpkin and Speer, 2007; Marshall and Speer, 2012; Morrison et al., 2015), contrary to the canonical view of upwelling through the low-latitude thermocline (Robinson and Stommel, 1959; Broecker and Peng, 1982). However, some recent observationally-based estimates of global overturning indicate a significant role of low-latitude upwelling in closing the MOC (Talley et al., 2003; Talley, 2008). By 108 using numerical ocean models to examine the relationship between the NADW  $\delta^{30}$ Si signature and the 109 pathways by which Si is transported by the MOC, this study assesses de Souza et al.'s (2012a) 110 hypothesis of large-scale controls on the Atlantic  $\delta^{30}$ Si distribution, whilst also considering the 111 constraints placed by these observations on pathways of upwelling associated with the MOC.

## 112 *1.2. Support for a Southern Ocean control*

Support for a Southern Ocean control on the NADW  $\delta^{30}Si$  signature is provided by the model 113 114 CYCLOPS, an ocean box model originally developed by Keir (1988) that has been modified to 115 explicitly represent the physical and biogeochemical zonation of the surface Southern Ocean (Fig. 2a; 116 Robinson et al., 2005; Hain et al., 2014b). A representation of the marine cycling of Si and its isotopes 117 (see Supplementary Information) allows an assessment of the leading-order sensitivities of the large-118 scale  $\delta^{30}$ Si distribution. As shown in Fig. 2b, the observed deep Atlantic Si concentration gradient 119 ( $\sim$ 110  $\mu$ M) can be reproduced by simultaneously varying the length-scale defining the dissolution of 120 opal export (which determines the partitioning of opal dissolution between the intermediate and deep 121 ocean) and the degree of Si drawdown in the Subantarctic Zone (SAZ), from where the model's 122 Southern Ocean mode/intermediate waters are ventilated. In contrast, the gradient in  $\delta^{30}$ Si between 123 NADW and the deep Southern Ocean is mostly insensitive to the opal dissolution length-scale, but 124 varies systematically with Si drawdown in the SAZ, disappearing when the Si concentration in the SAZ is forced to zero, so as not to leave any residual high- $\delta^{30}$ Si in the SAZ surface (Fig. 2b). Under 125 126 these conditions, the model's advective pathway of Si supply from the surface Southern Ocean to the 127 high-latitude North Atlantic via mode/intermediate waters has been entirely eliminated, such that Si 128 can reach the North Atlantic solely via diffusive upward supply from the low-latitude deep ocean. This 129 sensitivity of the Atlantic  $\delta^{30}$ Si gradient to Si supply by mode/intermediate waters supports the 130 hypothesis that it results from the cross-equatorial transport of a partial Si consumption signal from the 131 surface Southern Ocean. In the following, we further test this hypothesis by explicitly tracing the 132 origins of Si supplied to the North Atlantic by the large-scale ocean circulation in a suite of OGCMs in 133 which the pathways of deep water upwelling associated with the MOC are systematically varied.

134 *1.3. A theoretical framework* 

135 Gnanadesikan's (1999; hereafter G99) analytical model of the volume balance of the oceanic 136 pycnocline (Fig. 3a) provides the conceptual basis for the OGCM suite presented in this study. This 137 model shows that the depth D of the pycnocline, separating the buoyant waters of the upper ocean 138 from the dense waters of the deep, results from the balance between four key processes that add or 139 remove buoyant water from the upper ocean. These processes are (i) the formation of deep water in the 140 North Atlantic ( $T_n$  in Fig. 3a), the balance between (ii) wind-driven upwelling and northward Ekman 141 transport in the Southern Ocean  $(T_w)$  and (iii) southward eddy-induced advection of light waters  $(T_e)$ , 142 and (iv) low-latitude upwelling through the thermocline  $(T_u)$ . There are two pathways by which 143 volume lost from the upper ocean during NADW formation can be replaced: (a) downward heat 144 transport driven by diapycnal mixing lightens dense waters, leading to an upwelling flux through the 145 thermocline; (b) Ekman divergence in the Southern Ocean drives the adiabatic upwelling of deep 146 waters, which are converted to lighter waters at the surface. G99 showed that the partitioning of 147 upwelling between these two pathways depends on diapycnal mixing and the advective effects of 148 eddies, represented by the diapycnal and isopycnal eddy diffusivities ( $\kappa_i$  and  $A_i$ ) respectively. When 149 these diffusivities are small, both low-latitude upwelling  $T_u$  and the eddy return flow  $T_e$  compensating 150 northward Ekman transport  $T_w$  are minimal, such that deep upwelling (and the associated nutrient supply) is driven by Ekman divergence in the surface Southern Ocean  $T_w$  (Fig. 3a). If, on the other 151 152 hand,  $A_I$  is large enough that the southward advective eddy transport in the Southern Ocean largely 153 compensates northward Ekman transport (i.e. if the net flux  $T_w - T_e$  is small), most upwelling takes place at low latitudes ( $T_u$ ). This simultaneously requires high  $\kappa_v$  in order to maintain the observed 154 155 depth of the pycnocline against a large upwelling flux. This simple model thus makes an important 156 point: the pathway by which dissolved nutrients stored in the deep ocean return to the surface depends 157 on the vigorousness of turbulent mixing across and along density surfaces. By varying both these 158 parameters simultaneously in a numerical ocean model, we can produce widely varying pathways of 159 upwelling whilst maintaining the observed depth of the ocean's pycnocline. This study utilises three 160 variants of an OGCM with differing MOC pathways in order to systematically examine the relationship between the  $\delta^{30}$ Si signature of NADW and large-scale Si transport. 161

162

#### 163 **2. Methods**

## 164 2.1. Model description and setup

165 The physical ocean model used is the Modular Ocean Model 3.0 (MOM3; Pacanowski and Griffies, 1999), run at  $3.75^{\circ} \times 4.5^{\circ}$  horizontal resolution with 24 vertical levels. This primitive-equation OGCM 166 167 forms the basis of a model suite in which the values of diapycnal and isopycnal diffusivity are 168 systematically varied according to the theory of G99, so as to produce varying MOC pathways. This 169 suite is described in detail by Gnanadesikan et al. (2002, 2004, 2007) and Palter et al. (2010). In this 170 study, we employ model variants LL, HH and P2A, whose key variables are summarized in Table S1. 171 Model variant LL is a version of MOM3 in which both diapycnal and isopycnal eddy diffusivities 172 have low values. In LL,  $\kappa_v$  in the pycnocline is  $1.5 \times 10^{-5}$  m<sup>2</sup>/s, similar to values inferred from direct tracer release experiments (Ledwell et al., 1993, 1998), increasing to 1.3×10<sup>-4</sup> m<sup>2</sup>/s at depth with a 173 174 hyperbolic tangent transition at 2500 m. Isopycnal diffusivity  $A_{I}$ , which is also the coefficient used in 175 the models' Gent-McWilliams parameterization of eddy thickness diffusion (Gent et al., 1995), has a 176 constant value of 1000 m<sup>2</sup>/s in LL. In model variant HH, in contrast, both  $\kappa_v$  and  $A_l$  have high values: at  $6 \times 10^{-5}$  m<sup>2</sup>/s, pycnocline  $\kappa_v$  is four times higher than in LL, whilst the A<sub>I</sub> of 2000 m<sup>2</sup>/s is twice as 177 178 large as in LL. Finally, model variant P2A conforms to observational constraints of low pycnocline diffusivity (and thus has a pycnocline  $\kappa_v$  of  $1.5 \times 10^{-5}$  m<sup>2</sup>/s and  $A_I$  of 1000 m<sup>2</sup>/s, as in LL), but simulates 179 180 increased diapycnal mixing in the Southern Ocean, motivated by observations of high internal wave 181 activity there (Polzin et al., 1997). In addition to a number of specific changes relative to LL as listed 182 in Table S1 (and discussed by de Souza et al., 2014), P2A is forced by the ECMWF atmospheric 183 reanalysis of Trenberth et al. (1989), which imposes higher wind stresses over the Southern Ocean 184 than the reanalysis that forces LL and HH (Hellerman and Rosenstein, 1983).

The physical models are coupled to the nutrient-restoring biogeochemical model of Jin et al. (2006), modified by de Souza et al. (2014) to include Si isotopes. As discussed therein, the model simulates isotope fractionation during Si uptake in the surface ocean, but does not fractionate Si isotopes during opal dissolution (Demarest et al., 2009; Wetzel et al., 2014; for a detailed discussion of this issue see de Souza et al., 2014). Further diagnostics added for this study (Section 2.2) allow us to trace Si originating from four high-latitude source regions in the models.

The simulations are initialized to steady-state physical conditions and distributions of Si and  $\delta^{30}Si$ 191 192 from a 5000-yr spin-up simulation for each model variant. The fractional contribution of each of the 193 four source regions (Section 2.2) to the Si inventory is initialized to a globally constant value of 25%, 194 and the simulations run forward for 2000 model years, by which time the Si source tracer distributions 195 achieve equilibrium. Targets for surface nutrient restoring are derived from the objectively-analysed 196 monthly climatologies of World Ocean Atlas 2009 (WOA09; Garcia et al., 2010). Results of the 197 simulations are presented as averages over the last 20 years of the simulations. We also present the 198 models' equilibrium (pre-bomb) radiocarbon distributions ( $\Delta^{14}$ C; Matsumoto et al., 2004) as 10-year 199 means.

### 200 2.2. Si source tagging scheme

201 In order to study the large-scale Si dynamics and transport in the model variants, we explicitly trace 202 four sources of Si, using the method of Palter et al. (2010). As defined in Fig. 4, we tag and trace Si 203 sourced from (a) the region of SAMW formation (SAMW), (b) the region of AAIW formation (AAIW), 204 (c) the deep Southern Ocean (DEEP), and (d) the subpolar North Pacific Ocean (NPAC). At every 205 model time step, Si within a defined source region is 'tagged' with the corresponding source identity. 206 For example, AAIW-derived Si is tagged between the  $\sigma_{\theta} = 27.1$  and  $\sigma_{\theta} = 27.4$  isopycnals south of 207 where the  $\sigma_{\theta} = 26.5$  isopycnal shoals to 200m (see Fig. 4). Si tagged in this manner is transported 208 away from its source region by the circulation, and retains its source identity as it cycles through the 209 low latitude ocean and into the North Atlantic, our region of interest. Once acquired, source identity is 210 only destroyed when Si enters another source region: e.g., AAIW-derived Si flowing northward in the 211 surface Southern Ocean will lose its AAIW identity and be tagged as SAMW-sourced Si once it 212 crosses the instantaneous outcrop of the  $\sigma_{\theta} = 27.1$  isopycnal. The sum of all four source tracers equals 213 the total pool of Si, allowing us to trace the fractional contribution of the source regions to the local Si 214 inventory at any point in the model. In the following, we refer to Si that has been tagged with a 215 particular source identity as being 'sourced' or 'derived' from that region (e.g. 'SAMW-derived').

216

**3. Results** 

### 218 3.1. MOC pathways, Si and $\delta^0$ Si distributions

219 We begin by describing the upwelling pathways of the three model variants. Figure 3b shows the 220 zonally-averaged northward meridional volume transport above the  $\sigma_{\theta} = 27.4$  isopycnal, which lies at 221 a depth of 800-1000 m at low latitudes in all models. An increase in horizontal transport implies 222 upwelling of water across this density surface, into the upper ocean. Thus, the differing latitudinal 223 evolution of this transport in the models reflects their differing MOC pathways. The constancy of 224 P2A's meridional transport north of  $\sim$ 50°S shows that this model achieves most of its upwelling at 225 high southern latitudes (Fig. 3b). This Southern Ocean upwelling pathway is expected from G99 (Fig. 226 3a), given the low isopycnal and diapycnal diffusivities and the strong winds over the Southern Ocean 227 (Table S1): P2A not only restricts  $T_u$  through limited low-latitude diapycnal mixing and  $T_e$  through 228 low isopycnal diffusivity, but also has high  $T_w$  as a result of stronger Ekman transport in the Southern 229 Ocean. In contrast, volume transport in HH increases over a wide latitudinal band from  $\sim$ 50°S to 230 ~30°N, reflecting low-latitude upwelling. The importance of low-latitude transport  $(T_u)$  for the 231 overturning is expected from G99, given HH's high diffusivities and weaker Southern Ocean winds. 232 Model variant LL is intermediate between these two extremes, since southern upwelling extends 233 further north than in P2A, but limited low-latitude upwelling is implied by the constancy of meridional 234 volume transport north of  $\sim 30^{\circ}$ S. The overturning pathways simulated by LL and P2A are more 235 consistent with estimates from inverse models (Lumpkin and Speer, 2007) and the emerging view of 236 ocean overturning (Marshall and Speer, 2012; Talley, 2013), although LL's ventilation of the deep Southern and Pacific Oceans is too sluggish to accurately reproduce the  $\Delta^{14}$ C distribution (Matsumoto 237 238 et al., 2004).

When combined with their shared biogeochemical model, which restores surface Si concentrations towards observations, the circulation fields of the three models produce interior Si distributions that reproduce the large-scale structure to the observed distribution, but also show differences both from the observations and from each other. Figure 5 compares the models' average Atlantic Si distribution in the uppermost 2400m with WOA09 (see Fig. S3 for zonal averages). As in the observations, all models exhibit a southward propagating tongue of low-Si NADW at mid-depth, and an intermediatedepth tongue of elevated Si extending northwards from the Southern Ocean. However, in all model 246 variants, the low-Si tongue is too shallow, with a core at ~1600 m rather than ~1800m as in the 247 observations. This is because North Atlantic convection in the models produces a water mass that is 248 too light and thus descends to shallower depths than observed. As a result, the models' Si-rich AABW 249 extends too far north, and upward diapycnal mixing of Si from this water mass leads to the elevated Si 250 concentrations seen below ~2200m in all model variants. All models also overestimate Si in the 251 northward-penetrating intermediate-depth tongue, a feature that is more pronounced in P2A and HH 252 than in LL. The Si distribution of HH is least similar to the observations: the southward- and 253 northward-propagating advective signals are much less clearly defined in this model than in LL or 254 P2A, due to high interior diapycnal mixing. Model HH also strongly underestimates Si concentrations 255 in the deep Southern Ocean relative to observations.

256 Despite these differences in the Si distribution between models, they display similar skill at reproducing the interior Atlantic  $\delta^{30}$ Si distribution, especially in terms of its isotope systematics: as 257 258 shown by Fig. 1a, all three models reproduce the near-linear  $\delta^{30}$ Si-1/Si relationship observed in the deep Atlantic Ocean, simulate a similar range of  $\delta^{30}$ Si variation in Atlantic deep waters, and reproduce 259 the observation of elevated  $\delta^{30}$ Si in the Si-poor deep North Atlantic. We will discuss the reasons for 260 261 these similarities in Section 4. For now, bearing the differences in the Si distribution of the three 262 models in mind, in the following we discuss the Si source tracer distributions in terms of their *fractional* contribution to the total Si inventory,  $f(i) = [Si]_{source=i} / \sum_{i} [Si]_{source=j}$ . 263

#### 264 *3.2. Si source tracer distributions*

By examining the steady-state distributions of the Si source tracer contributions f(i), we can study how Si from the four source regions spreads through the ocean to eventually contribute to the NADW Si inventory. We illustrate the influence of the models' differing MOC pathways on large-scale Si transport by examining the contribution of each source region to the Si inventory of the thermocline, which we define as the volume of water above the  $\sigma_{\theta} = 26.8$  isopycnal.

270 The two sources of Si above the  $\sigma_{\theta}$  = 26.8 isopycnal, SAMW and NPAC, exhibit their maximal 271 contributions to the thermocline Si inventory close to their source regions, from where Si is directly 272 introduced into the thermocline (Fig. 6). The locus of maximum fraction of SAMW-derived Si, f(SAMW), follows typical SAMW ventilation pathways (Sallée et al., 2010), extending anti-clockwise into the subtropics from the southern outcrop (Fig. 6a). NPAC-sourced Si enters the North Pacific thermocline from the north (Fig. 6d), and is transported into the Indian Ocean via the Indonesian Throughflow, although virtually none enters the Atlantic via the warm-water pathway (Gordon, 1986) without first entering the SAMW source region and losing its NPAC identity. NPAC-derived Si also flows northward through Bering Strait, contributing considerably to the Si inventory of the Arctic Ocean above  $\sigma_{\theta} = 26.8$ .

280 Silicon sourced from below the  $\sigma_{\theta}$  = 26.8 isopycnal (AAIW and DEEP) exhibits rather different 281 thermocline distributions, since it can enter the thermocline only via interior diapycnal fluxes across 282 this isopycnal. Thus, the contribution of AAIW- and DEEP-sourced Si increases towards the 283 subtropics and tropics, as deeper-lying Si is transported upwards (Fig. 6b,c). In concordance with the 284 models' differing MOC pathways, the contribution of DEEP-sourced Si to the thermocline inventory 285 is highest in the diffusive model HH, and is lowest in the more adiabatic P2A, whose thermocline is 286 also more vigorously ventilated along isopycnals from the south due to higher wind stress over the 287 Southern Ocean. The contribution of DEEP-sourced Si to the thermocline inventory is 1.3–1.6 times 288 higher in HH than in LL or P2A in the low-latitude Indian and Pacific Oceans, and even higher in the 289 Atlantic, where it can be more than twice as large in HH than in P2A (Fig. 6c). Complementarily, high 290 contributions of SAMW- and AAIW-derived Si penetrate further northward in LL and P2A than in 291 HH: high contributions of SAMW-derived Si extend well into the North Atlantic in LL and P2A, such 292 that f(SAMW) is 1.3–1.7 times higher in the tropical Atlantic thermocline of these models than in HH 293 (Fig. 6a). Additionally, the fraction of AAIW-derived Si in the Atlantic thermocline increases steadily 294 towards the north in LL and P2A but not in HH, such that in the North Atlantic subtropics, f(AAIW) in 295 P2A and LL is 1.2–1.5 times higher than in HH (Fig. 6b). In all three models, however, SAMW- and 296 AAIW-sourced Si together contribute at least half the Si inventory of the North Atlantic thermocline.

# 297 3.3. Diapycnal Si redistribution in the Atlantic Ocean

The consequences of northward transport of SAMW- and AAIW-derived Si for the source composition of NADW are illustrated by Fig. 7, which shows the average source tracer contributions f(i) in the uppermost 2400m of the Atlantic Ocean (see Fig. S4 for zonal averages). Only SAMW- 301 derived Si spreads northwards at the surface, whilst Si from other source regions enters the Atlantic 302 within the interior. Diapycnal processes and biological cycling disperse Si from all four source regions 303 through the water column, e.g. the upward transport of DEEP-sourced Si into the thermocline, seen 304 most strongly in HH (Fig. 7c). However, diapycnal Si redistribution is reflected most dramatically by 305 the two source tracers that are tagged in the upper ocean according to density criteria, i.e. SAMW and 306 AAIW. The downward penetration of Si from these sources is greatest in the North Atlantic north of 307 40°N (Fig. 7a,b). A tongue of elevated f(SAMW) and f(AAIW) propagates southwards from these 308 high latitudes at about 1500-1600m, at densities significantly higher than those at which these tracers 309 are originally tagged (Fig. S5). This mid-depth tongue is the signal of NADW (Fig. 5), and reflects the 310 diapycnal transfer of Si sourced from the shallow Southern Ocean to deep water densities, due to 311 buoyancy loss in the subpolar North Atlantic, the Nordic Seas and the Arctic Ocean. The incorporation 312 of SAMW- and AAIW-derived Si into NADW takes place in all three model variants, although their 313 importance for its Si inventory varies, due to the differing extent of their transport to the shallow North 314 Atlantic. All three models also exhibit a deep (~1800m) tongue of NPAC-sourced Si extending 315 southwards from the subpolar North Atlantic (Fig. 7d). This is Si that has been transported from the 316 North Pacific via the Arctic Ocean, entering the North Atlantic through the models' representation of 317 the Nordic Sea overflows.

318

# 319 **4. Discussion**

320 The Si source tracer distributions reveal the pathways of large-scale Si transport and diapycnal 321 redistribution in the Atlantic Ocean. In the following, we focus on NADW flowing southward from 322 the subpolar North Atlantic, in order to elucidate the processes responsible for its unique  $\delta^{30}$ Si 323 signature.

## *4.1. The isotopic signatures and source composition of NADW*

As indicated by the simulated Atlantic  $\delta^{30}$ Si systematics (Fig. 1a), which show elevated  $\delta^{30}$ Si values associated with Si-poor waters of the deep North Atlantic, NADW appears prominently in the simulated  $\delta^{30}$ Si distribution as a high- $\delta^{30}$ Si tongue along the western boundary of the mid-depth North Atlantic in all three models (Fig. 8a). The basin-scale structure of the simulated  $\delta^{30}$ Si distributions is

broadly consistent with observations of elevated  $\delta^{30}Si$  values ranging from +1.7 to +1.9‰ in the 329 330 western mid-depth North Atlantic (Fig. 1b; de Souza et al., 2012a; Brzezinski and Jones, 2015). Whilst the less diffusive models P2A and LL reproduce the absolute  $\delta^{30}Si$  values in NADW better than the 331 diffusive model HH (Figs. 8a,c), all three models reproduce the  $\delta^{30}$ Si systematics of the deep Atlantic 332 with similar fidelity (Fig. 1a), although P2A simulates higher  $\delta^{30}$ Si values in the subpolar North 333 334 Atlantic than LL or HH. It is interesting to note that the models reproduce the observed near-linear 335  $\delta^{30}$ Si systematics despite the fact that they do not simulate Si isotope fractionation during opal 336 dissolution. This contrasts somewhat with the recent study by Holzer and Brzezinski (2015), who found that including this process improved the linearity of their model's Atlantic  $\delta^{30}$ Si systematics by 337 increasing  $\delta^{30}$ Si in the Si-richest Southern Ocean deep waters. Our results and theirs do, however, 338 339 agree in suggesting that fractionation during opal dissolution is not a major driver of the deep Atlantic  $\delta^{30}$ Si systematics. 340

341 Depth sections across ~43°N reveal the isotopic signal of NADW flowing around the Grand Banks as a well-ventilated water mass: this freshly-ventilated NADW bears a  $\Delta^{14}$ C maximum (Fig. 8b) and is 342 343 recognizable in the  $\delta^{30}$ Si distribution by its elevated  $\delta^{30}$ Si signature (Fig. 8c) in all models. These 344 isotopic distributions are closely mimicked by the fraction of Si sourced from SAMW and AAIW, 345 f(SAMW+AAIW) (Fig. 8d). The fractional contribution of SAMW- and AAIW-derived Si is highest 346 above the 27.4 isopycnal, in waters flowing towards the high-latitude North Atlantic in the upper limb 347 of the MOC. However, in each model, there is a secondary f(SAMW+AAIW) maximum at mid-depth, 348 coincident with the  $\delta^{30}$ Si and  $\Delta^{14}$ C signals of NADW. The fraction of NPAC-derived Si also shows a 349 maximum within this volume, but does not exceed 10% (Fig. S6d). Conversely, DEEP-sourced Si is at 350 its minimum within the freshly-ventilated NADW core (Fig. S6c). Thus, irrespective of the large-scale 351 circulation of the models, there is a clear spatial correlation between the maximum contribution of SAMW- and AAIW-derived Si to NADW and the elevated  $\delta^{30}$ Si signature observed in the most 352 353 recently ventilated deep waters (Figs. 8c,d and S7). We can quantify this relationship by calculating 354 the contributions of the source regions to the Si inventory of freshly-ventilated NADW.

355 Recently ventilated NADW exhibits clear signals of gas exchange with the atmosphere in the 356 models' radiocarbon and oxygen distributions (Figs. 8b, S1 and S2). We exploit these signals to define 357 a volume of freshly-ventilated NADW that extends from the shallow subpolar North Atlantic (>500m 358 water depth) to the equator along the western Atlantic boundary (Table 1; see also the Supplementary 359 Information). This allows us to calculate the integrated Si inventory of this volume and partition it 360 according to source region (Table 1). In all three model variants, SAMW and AAIW together 361 contribute a major or dominant fraction of the Si inventory, ranging from 46% in HH to 62% in P2A. 362 The importance of DEEP-sourced Si varies inversely with this contribution, whilst NPAC-derived Si 363 is of minor importance (5–9%) in all models.

The  $\delta^{30}$ Si signature of the freshly-ventilated NADW volume rises systematically with the increase in f(SAMW+AAIW) from HH to P2A, and ranges from +1.50‰ in HH to +1.74‰ in P2A (Table 1). Thus, not only is there a clear spatial correlation between elevated values of f(SAMW+AAIW) and  $\delta^{30}$ Si *within* each model (Fig. S7), but also systematic co-variation *between* models: the greater the SAMW/AAIW contribution to NADW, the higher its  $\delta^{30}$ Si value. Together, these correlations strongly suggest that cross-equatorial transport of Si that has been isotopically fractionated in the surface Southern Ocean is instrumental in producing the high  $\delta^{30}$ Si signature of NADW.

## 371 4.2. Distal and proximal fractionation controls on the NADW $\delta^0$ Si signature

372 The elevated  $\delta^{30}$ Si signal of NADW is reproduced by all three models, despite their widely varying 373 MOC configurations. Whilst the analysis above indicates that this signal derives from the contribution 374 of SAMW/AAIW to NADW's Si inventory, we must also consider two additional factors that can 375 produce differences in the NADW  $\delta^{30}$ Si signature between model variants. These are: (a) the isotopic 376 composition of Si exported from each source region, and (b) Si isotope fractionation at the ocean's 377 surface during transport from the source regions to the North Atlantic. In other words, the NADW 378  $\delta^{30}$ Si signature can be conceived of as resulting from a combination of the *conservative* transport of 379 isotope signatures from distal source regions, and the *non-conservative* alteration of these isotope 380 signatures en route. We can separate the effects of these two factors with a simple isotope mixing 381 calculation, allowing us to assess the extent to which the NADW  $\delta^{30}$ Si signature is controlled by the

382 conservative transport of distal isotopic signals. We calculate the isotopic composition of Si within 383 each source region (Table 1) as an estimate of the distal isotopic signals being exported towards the 384 North Atlantic. Based on these values and the source tracer contributions at each model grid point, we 385 can then calculate the  $\delta^{30}$ Si distribution that would result simply from the spreading of these 386 endmember  $\delta^{30}$ Si signatures:

$$\delta^{30} \operatorname{Si}_{distal} = \sum_{i} f(i) \cdot \delta^{30} \operatorname{Si}_{i,source}$$
(Eqn. 1)

388 where f(i) is the local fractional contribution of the source *i*, and  $\delta^{30}Si_{i,source}$  is the isotopic 389 composition in the source region *i*. We hasten to note that this approach makes the simplifying 390 assumption that Si supplied from each source region has a uniform  $\delta^{30}Si$  value, which is not the case. 391 However, as we show below, it nonetheless serves to provide us with a useful estimate of the influence 392 of the large-scale transport of isotope signals.

393 The meridional sections in Fig. 9 compare the simulated Atlantic  $\delta^{30}$ Si distribution at 25°W (Fig. 9a) with the  $\delta^{30}$ Si<sub>distal</sub> distribution (Fig. 9b). It can be seen that in all three model variants, considerable 394 large-scale interior Atlantic  $\delta^{30}$ Si variability, including an elevated NADW  $\delta^{30}$ Si signature, is 395 predicted to result simply from the propagation of distal source-region  $\delta^{30}$ Si signals. Furthermore, as 396 shown by the close correlation between the two fields (Fig. 9d), the structure of the  $\delta^{30}Si_{distal}$ 397 398 distribution bears a strong resemblance to the simulated  $\delta^{30}$ Si field. These results indicate that the long-range transport of isotope signals plays a significant role in determining the basin-scale  $\delta^{30}$ Si 399 distribution. However, in all cases the range in  $\delta^{30}$ Si<sub>distal</sub> is muted in comparison to the simulated field 400 401 (slopes < 1 in Fig. 9d), with  $\delta^{30}$ Si<sub>distal</sub> values generally lower than simulated values in the upper ocean 402 (Fig. 9c). This is reflected in the  $\delta^{30}$ Si<sub>distal</sub> signature of the freshly-ventilated NADW volume, which 403 underestimates the simulated  $\delta^{30}$ Si value by 0.13–0.22‰ (Table 1).

404 Two reasons for the mismatch between  $\delta^{30}Si_{distal}$  and simulated  $\delta^{30}Si$  become clear upon closer 405 inspection of Fig. 9. Firstly, the assumption of uniform source  $\delta^{30}Si$  values in Eqn. 1 ignores the 406 significant isotopic variability within each source region. This simplification results, for example, in 407 the northward propagation of too-low  $\delta^{30}Si_{distal}$  values from the Southern Ocean just below the  $\sigma_{\theta} =$  408 27.4 isopycnal in all models, reflected by the bolus of elevated mismatch at this location in all models (Fig. 9c). Secondly, a clear difference between  $\delta^{30}Si$  and  $\delta^{30}Si_{distal}$  is observed in the near-surface 409 410 ocean, where the simulated  $\delta^{30}$ Si field exhibits high values throughout the low latitudes and in the subpolar North Atlantic (Fig. 9a), whilst  $\delta^{30}$ Si<sub>distal</sub> values in the uppermost 500m decrease considerably 411 412 from the southern tropics northwards (Fig. 9b). This change is seen mostly clearly at the level of 413 SAMW in all models (Fig. 9c), where the sign of mismatch between the two fields changes from negative ( $\delta^{30}$ Si<sub>distal</sub> >  $\delta^{30}$ Si) to positive ( $\delta^{30}$ Si >  $\delta^{30}$ Si<sub>distal</sub>) towards the north. The decoupling of  $\delta^{30}$ Si<sub>distal</sub> 414 415 from  $\delta^{30}$ Si during northward transport in the upper ocean is the result of two opposing tendencies. A decrease in  $\delta^{30}$ Si<sub>distal</sub> is driven by the upward transport of AAIW- and DEEP-sourced Si in the low-416 latitude ocean (Figs. 7 and 8), pools that have significantly lower  $\delta^{30}$ Si values than SAMW-sourced Si 417 (Table 1). In contrast, an elevation of simulated  $\delta^{30}$ Si values in the upper ocean results from isotope 418 419 fractionation during Si utilisation in the low latitude ocean and the subpolar North Atlantic. This 420 fractionation directly affects  $\delta^{30}$ Si values in the surface ocean, but also more indirectly elevates nearsurface  $\delta^{30}$ Si via the subduction of a high- $\delta^{30}$ Si signal into the subtropical North Atlantic thermocline. 421 Thus, some fraction of the difference between the  $\delta^{30}$ Si and  $\delta^{30}$ Si<sub>distal</sub> fields results from the isotope 422 423 fractionation of Si within the Atlantic Ocean.

This result implies that the elevated NADW  $\delta^{30}$ Si signature simulated by the models is not simply 424 425 the result of distal fractionation in the surface Southern Ocean, but also reflects more proximal isotope 426 fractionation as Si is transported towards the NADW formation region in the upper limb of the MOC, 427 i.e. the *non-conservative* effect discussed above. The offset between the  $\delta^{30}$ Si and  $\delta^{30}$ Si<sub>distal</sub> fields is 428 much smaller at the depth of NADW than in the upper ocean (Fig. 9a,b), showing that the signal of 429 proximal fractionation is damped during NADW formation. This is due to the importance of Si-richer 430 subsurface waters, whose Si inventory is not exposed to isotope fractionation in the surface, in determining the NADW  $\delta^{30}$ Si value (cf. Sigman et al., 2000). 431

432 Due to the uncertainty introduced into our calculation of  $\delta^{30}$ Si<sub>distal</sub> by the assumption of constant 433 source region  $\delta^{30}$ Si signatures, we can only provide an estimate of the extent of the proximal 434 modulation of distal isotope signals. A useful metric for this estimation is the deep Atlantic  $\delta^{30}$ Si 435 gradient, i.e. the difference between the  $\delta^{30}$ Si values of NADW and AABW. The three model variants produce Atlantic deep water  $\delta^{30}$ Si differences of varying strength, ranging from 0.31‰ in HH to 436 437 0.63% in P2A (Table 1), compared to an observed difference of ~0.5% (de Souza et al., 2012a). By assessing what proportion of this basin-scale  $\delta^{30}$ Si difference is explained by the  $\delta^{30}$ Si<sub>distal</sub> signature of 438 NADW, we can estimate the fraction that results simply from the propagation of source-region  $\delta^{30}$ Si 439 440 signatures. The results shown in Table 1 reveal that this conservative effect explains 54% to 80% of the deep Atlantic  $\delta^{30}$ Si gradient. Our simulations thus indicate that the high  $\delta^{30}$ Si value of NADW, and 441 442 indeed the basin-scale  $\delta^{30}$ Si distribution, is largely governed by the transport of distal surface Southern 443 Ocean isotope signatures to the North Atlantic in SAMW and AAIW, as postulated by de Souza et al. 444 (2012a).

# 445 4.3. Compensatory mechanisms in the Atlantic $\delta^{0}$ Si systematics

The above discussion of the distal and proximal controls on the  $\delta^{30}Si$  distribution also helps 446 elucidate the mechanisms by which the models all produce an elevated NADW  $\delta^{30}$ Si signal, despite 447 448 differing pathways of deep water upwelling. The importance of the cross-equatorial transport of distal isotopic signals in producing the Atlantic  $\delta^{30}$ Si gradient differs between the models, and is least in the 449 450 highly diffusive model HH, which upwells more interior Si to the surface in the low latitudes (Table 451 1). This relationship suggests that there are compensatory mechanisms at play in the models' Atlantic 452  $\delta^{30}$ Si systematics: the more diffusive model HH advects less fractionated Si to the North Atlantic from the surface Southern Ocean (Figs. 6–8), but produces a high- $\delta^{30}$ Si signal more proximally through 453 454 fractionation of more vigorously supplied deeply-sourced Si in the low-latitude or subarctic Atlantic (Fig. 9), allowing it to produce NADW with a high  $\delta^{30}$ Si value. Conversely, the more adiabatic models 455 P2A and LL favour distal control on the elevated  $\delta^{30}$ Si of NADW. The models thus trade off between 456 457 distal and proximal isotope fractionation as a means of supplying isotopically fractionated Si to the 458 NADW formation region. It is this compensation that allows all three models to produce Atlantic  $\delta^{30}$ Si 459 systematics that are remarkably similar to observations (Fig. 1a), despite their widely-varying MOC pathways. The existence of these interacting controls on the NADW  $\delta^{30}$ Si signature also means that 460 the presence of an Atlantic  $\delta^{30}$ Si gradient cannot be uniquely tied to fractionation in the high-latitude 461

Southern Ocean, as suggested by de Souza et al. (2012a). As a result, our simulations indicate that this
isotopic feature does not constrain the pathways by which deep water is returned to the upper ocean in
the MOC.

465 More generally, the results of our study contribute to an emerging picture of the role of Southern Ocean Si isotope "distillation" (Brzezinski and Jones, 2015) in governing the marine  $\delta^{30}$ Si distribution. 466 467 This distillation results from the combined physical and biogeochemical dynamics of the Southern Ocean, and leads to the trapping of low- $\delta^{30}$ Si silicic acid in the deep Southern Ocean (Holzer et al., 468 2014: Holzer and Brzezinski. 2015) coupled to a complementary northward export of a high- $\delta^{30}$ Si 469 470 signature in SAMW/AAIW (Fripiat et al., 2011; de Souza et al., 2012b). de Souza et al. (2014) have 471 recently shown that the isotopically light preformed and regenerated Si in the deep Southern Ocean is 472 spread throughout the global abyssal ocean by AABW, producing the observed hydrographic control 473 on the deep  $\delta^{30}$ Si distribution. This study has highlighted the large-scale influence of the 474 complementary high  $\delta^{30}$ Si signal exported in SAMW/AAIW, showing that the Southern Ocean influences the global  $\delta^{30}$ Si distribution by two separate pathways associated with the upper *and* lower 475 476 limbs of the MOC. However, consistent with the recent study by Holzer and Brzezinski (2015), our 477 results also allow a role for fractionation during low-latitude Si cycling in determining the large-scale 478  $\delta^{30}$ Si distribution, indicating that other ocean regions may modulate the signals exported from the 479 Southern Ocean.

480 An important open question that our study does not explicitly address is the role of the Arctic 481 Ocean, which Brzezinski and Jones (2015) have suggested may represent an important northern 482 counterpart to the Southern Ocean, via its influence on the Nordic Sea overflows. The Arctic Ocean 483 receives fractionated Si primarily through shallow inflow from the North Atlantic, and transfers this Si 484 to deep-water densities via buoyancy loss (Jones et al., 1995). Certainly some of the SAMW/AAIW-485 sourced Si in our models' NADW has been incorporated in this manner. What remains to be assessed 486 is whether the Arctic Ocean's role is limited to such diapycnal Si transfer, or whether a significant 487 additional fractionation signal is imposed by Si cycling within the Arctic itself. Answering this guestion will require the long-overdue analysis of the Arctic  $\delta^{30}$ Si distribution. 488

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### 490 **5.** Conclusions

491 This study has combined models of the marine cycle of Si and its isotopes with a diagnostic scheme 492 that enables us to trace the large-scale transport of Si originating from the high-latitude ocean in a 493 suite of OGCM simulations with varying MOC pathways. These simulations allow an assessment of 494 the role of cross-equatorial transport of SAMW- and AAIW-derived Si in producing the elevated  $\delta^{30}$ Si 495 signature of NADW. We find that Si sourced from the SAMW and AAIW formation regions 496 contributes a major to dominant fraction (46-62%) of the freshly-ventilated NADW Si inventory irrespective of MOC pathway, and that the  $\delta^{30}$ Si signature of NADW rises as the contribution of 497 498 SAMW- and AAIW-derived Si increases. However, the simulations also indicate that more proximal 499 isotope fractionation of Si, within the low-latitude or subpolar North Atlantic, can influence the 500 NADW  $\delta^{30}$ Si signature. By revealing this interplay between distal and proximal processes, our results 501 thus allow us to refine the hypothesis of de Souza et al. (2012a): the high  $\delta^{30}$ Si signature of NADW is 502 vitally linked to the transport of a fractionated signal from the surface Southern Ocean by 503 SAMW/AAIW, but may also be additionally influenced by Si isotope fractionation that takes place 504 during transport to the NADW formation region. The more adiabatic models in our suite, which 505 conform best to our current understanding of deep-water upwelling pathways (e.g. Talley, 2013), 506 suggest that the proximal contribution is small, although definitive conclusions remain elusive given 507 lingering uncertainties regarding the pathways of the MOC (e.g. Talley, 2008).

508

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655Table 1: Quantification of Si source contributions to freshly-ventilated NADW. Threshold values656of  $\Delta^{14}$ C and  $[O_2]$  used to define the volume of freshly-ventilated North Atlantic Deep Water (see657Supplementary Information) in the model variants used in this study, together with integrated

**δ**<sup>30</sup>Si signature and contributions of the four source regions to the Si inventory of this volume.

|   | HH    | LL    | P2A   |
|---|-------|-------|-------|
| Radiocarbon threshold [‰]   | -70   | -70   | -80   |
| Oxygen threshold [mmol/m <sup>3</sup> ]   | 260   | 260   | 240   |
| Properties of the NADW volume:  |       |       |       |
| NADW δ <sup>30</sup> Si [‰]   | +1.50 | +1.66 | +1.74 |
| <i>f</i> (SAMW)   | 0.166 | 0.124 | 0.267 |
| <i>f</i> (AAIW)   | 0.292 | 0.368 | 0.348 |
| f(SAMW+AAIW)  | 0.457 | 0.491 | 0.615 |
| <i>f</i> (DEEP)   | 0.484 | 0.419 | 0.331 |
| f(NPAC)   | 0.059 | 0.090 | 0.054 |
| Source-region isotope signatures:   |       |       |       |
| SAMW δ <sup>30</sup> Si [‰]   | +1.71 | +2.07 | +2.31 |
| AAIW $\delta^{30}$ Si [‰]   | +1.37 | +1.47 | +1.52 |
| DEEP δ <sup>30</sup> Si [‰]   | +1.19 | +1.18 | +1.15 |
| NPAC δ <sup>30</sup> Si [‰]   | +1.62 | +1.66 | +1.57 |
| Source-region signature propagation (Eqn. 1):   |       |       |       |
| NADW δ <sup>30</sup> Si <sub>distal</sub> [‰]   | +1.35 | +1.44 | +1.61 |
| NADW $\delta^{30}Si_{distal}$ – NADW $\delta^{30}Si$ [‰]                                | -0.14 | -0.22 | -0.13 |
| Deep Atlantic $\delta^0$ Si gradient:   |       |       |       |
| AABW δ <sup>30</sup> Si [‰]   | +1.18 | +1.16 | +1.10 |
| NADW $\delta^{30}Si - AABW \delta^{30}Si$ [‰]   | 0.31  | 0.50  | 0.64  |
| NADW $\delta^{30}Si_{distal}$ – AABW $\delta^{30}Si$ [‰]                                | 0.17  | 0.28  | 0.51  |
| Fraction of $\delta^{30}$ Si difference explained by $\delta^{30}$ Si <sub>distal</sub> | 54%   | 56%   | 80%   |

Fig. 1: Silicon isotope data from the Atlantic Ocean. (a) Data from the deep (>2000m) Atlantic Ocean from latitudes ranging from ~60°N to ~60°S in isotope mixing space (de Souza et al., 2012a), illustrating the systematic variation of deep water  $\delta^{30}$ Si values. The near-linear relationship between  $\delta^{30}$ Si and 1/[Si] indicates quasi-conservative mixing of Si brought into the deep Atlantic by Si-rich Southern Ocean sources (CDW) as well as Si-poor North Atlantic (LSW) and Nordic (DSOW, ISOW) sources. Open red symbols are results from the OGCMs used in this study (see Section 2.1), subsampled at the observational sampling locations. (b) Depth profiles of  $\delta^{30}$ Si from the GEOTRACES North Atlantic Zonal Transect at 20°–40°N (Brzezinski and Jones, 2015) reveal the elevated  $\delta^{30}$ Si values associated with the southward transport of NADW at mid-depths in the western Atlantic Ocean (blue and green points; see inset).



**Fig. 2:** (a) Schematic representation of the Atlantic circulation in the CYCLOPS ocean box model (Hain et al., 2014b), highlighting advective (black arrows) and "diffusive" exchange (red arrows) fluxes. In the sensitivity study discussed in the text (Section 1.2), the Si concentration of the Subantarctic surface box (light red shading) was systematically varied together with the length scale of opal dissolution, which controls the fraction of the sinking opal flux exported to the deep ocean boxes. The results of these parameter variations on the deep Atlantic [Si] and δ<sup>30</sup>Si gradients (calculated as the difference between the deep high-latitude boxes; light blue shading) is shown in panel *b* (warm colours: Δ[Si] in μM; cool colours:  $\Delta \delta^{30}$ Si in ‰). PAZ: polar Antarctic zone; AZ: Antarctic zone. The light blue shaded region in panel *b* corresponds to observations (Δ[Si] ~108 μM,  $\Delta \delta^{30}$ Si ~0.5‰).



**Fig. 3:** (a) Theoretical model framework of Gnanadesikan (1999) and (b) northward meridional volume transport above the  $\sigma_{\theta} = 27.4$  isopycnal in the suite of OGCMs used in this study, whose construction is based on the theory of Gnanadesikan (1999). In panel *a*, the depth *D* of the pycnocline (light blue shading) is maintained by the volume balance between flux  $T_n$  representing sinking of dense water in the North Atlantic,  $T_u$  representing low-latitude upwelling, and the balance between wind-driven northward Ekman transport  $T_w$  and eddy-induced southward transport  $T_e$  in the Southern Ocean.



**Fig. 4:** Schematic meridional Atlantic section showing the tagging scheme employed to trace Si sources to the North Atlantic Ocean. Curved black lines represent potential density anomaly ( $\sigma_{\theta}$ ) surfaces labeled at their southern outcrop. Each coloured area represents a tagging region within which Si is assigned a source "identity". Four sources of Si are traced: SAMW, AAIW, deep Southern Ocean (*DEEP*) and North Pacific (*NPAC*). The southern hemisphere tagging regions are circumpolar, whilst the NPAC tagging region is restricted to the North Pacific Ocean. The identity of Si tagged in any one region is destroyed when it enters another coloured tagging region, where it is assigned a new source identity. Within the grey area, tagged Si is cycled by biology and transported by the physical circulation analogously to the total Si pool.



**Fig. 5:** Meridional sections showing the average Atlantic Si distribution in the uppermost 2400m in World Ocean Atlas 2009 (upper left) and the three model variants. Concentrations are averaged over the Atlantic basin, and over the Southern Ocean from 60°W to 30°E.



Fig. 6: Distribution of the contribution of each source region to the Si inventory of the thermocline ( $\sigma_{\theta}$ <26.8) in the three model variants [mol Si/mol Si, unitless]. White shading indicates the absence of water lighter than  $\sigma_{\theta} = 26.8$ .



Fig. 7: Meridional section showing the Atlantic-average contribution of the four source regions to the Si inventory [mol Si/mol Si, unitless] in the uppermost 2400m of the three model variants. The three white contours correspond to the density horizons used to determine the tagging regions for SAMW- and AAIWsourced Si (Fig. 4). Fractions are averaged over the Atlantic basin and over the Southern Ocean from 60°W to 30°E.



Fig. 8: Isotopic signatures and source composition of NADW in the North Atlantic Ocean. (a) Distribution of  $\delta^{30}$ Si at ~1700m water depth, illustrating the southward spreading of the high- $\delta^{30}$ Si signature of NADW as a deep western boundary current. The white dotted line at ~43N in column *a* corresponds to the latitude of the depth sections in columns b-d, which show (b) the pre-industrial  $\Delta^{14}$ C distribution (‰), (c) the  $\delta^{30}$ Si distribution (‰), and (d) the fractional contribution of SAMW- and AAIW-derived Si to the Si inventory (mol Si/mol Si, unitless)



Fig. 9: Meridional sections at 25°W in the Atlantic Ocean from all three model variants, comparing (a) the simulated  $\delta^{30}$ Si distribution with (b) the  $\delta^{30}$ Si<sub>distal</sub> distribution calculated using Eqn. 1, i.e. the  $\delta^{30}$ Si distribution expected simply from propagation of source-region  $\delta^{30}$ Si signatures. Panel *c* shows the difference between panels *a* and *b*. White solid lines are isopycnal surfaces used in the definition of *SAMW* and *AAIW* tagging regions (Fig. 4); the white dotted line marks 30°S, the northernmost extent of the *DEEP* tagging region. In panel *d*, a scatterplot directly compares the deep  $\delta^{30}$ Si<sub>distal</sub> distribution (> 1000 m) to the simulated  $\delta^{30}$ Si distribution north of 30°S, illustrating both the clear correlation between the two fields as well as the muted dynamic range of  $\delta^{30}$ Si<sub>distal</sub>.

